

DSM - 5 Criteria for Sexual Addiction

Criteria for Compulsive Sexual Disorder/Addiction

1. Sexual behavior is often done in larger amounts and/or over a longer period than you intended.
2. Persistent attempts or one or more unsuccessful efforts made to cut down or control sexual behavior.
3. A great deal of time is spent in activities necessary to obtain sex, use sex, or recover from effects.
4. Craving or strong desire or urge to use the sexual behavior.
5. Recurrent sexual behavior resulting in a failure to fulfill major role obligations at work, school, or home.
6. Continued sexual behavior use despite having persistent or recurrent social or interpersonal problems caused or exacerbated by the effects of the sexual behavior.
7. Important social, occupational or recreational activities given up or reduced because of sexual behavior.
8. Recurrent sexual use in situations in which it is physically hazardous.
9. Sexual behavior is continued despite knowledge of having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by the sexual behavior.
10. Needing more of the substance to get the effect you want (tolerance).
11. Development of withdrawal symptoms, which can be relieved by again engaging in sexual behaviors.